



## **Nurse Triage After-Hours Service**

### **Help When Your Doctor's Office Is Closed**

#### **Hours of Service**

- **Monday – Friday:** 5:00 PM – 8:00 AM
- **Weekends:** 24 hours a day

#### **How to Call**

Call **Advanced Health: 541-269-7000**

Press **#2**

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#### **Your Health Matters to Us**

Advanced Health members can call the **Nurse Advice Line** after hours to talk with a registered nurse (RN). The nurse will listen to your symptoms and help you decide what to do next.

You will get trusted health advice, just like you would from your doctor's office. This service is available at night, on weekends, and during evenings so you can get help when you need it.

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#### **How the Nurse Advice Line Can Help**

The Nurse Advice Line can help with:

- When you feel sick and cannot reach your doctor
- Questions about medicines
- Health concerns or symptoms
- Help deciding if you should:
  - Go to the Emergency Room
  - Visit Urgent Care
  - Call your Primary Care Provider (PCP)

This service is **free** for members and available **any time, any day**.  
You will always talk to a trained nurse who is ready to help.

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### **Important Safety Information**

Call **911 right away** if there is an emergency. Examples include:

- Trouble breathing
- Chest pain
- Bleeding that will not stop
- Poisoning
- Serious burns
- Broken bones

If it is not an emergency and your clinic is open, call your doctor first.

The Nurse Advice Line is here to help, but it does not replace seeing a doctor in person.

