

#### Community Advisory Council (CAC) Meeting

#### Minutes November 7 2024, 12 pm

#### Agenda Item

#### Welcome

#### **Council Business**

- Roll call
  - o David Rupkalvis
  - Katie Gonzalez
  - Lisa DeSalvio
  - o Avery Horton
  - o Jeanifer Imbruglia
  - Correen Lee
  - Katrinka McReynolds
  - Trudy Simpson
  - Charlotte Carver (proxy for Sara Stevens)
  - Kristy Martindale
  - Shannon Hunter

#### Guests

Sam Baugh, Ariel Hicks, Anna-Marie Slate, Amanda McCarthy, Bevin Ankrom, Anna Warner, Danita Carver Tracy, Doris Kiragu, Dr. Tim Lynch, Erica Hubbard, Kera Hood, Lisa Frischkorn, Momone Maley, Nichole Rutherford, Amber-Nichole Majeski, Zaria Hamilton, Jess Howell, Scott Cooper, Matt Vorderstrasse.

- October 2024 minutes Motion- Jeanifer, 2<sup>nd</sup> Lisa Approved
- Approve Agenda Motion Lisa, 2<sup>nd</sup> Jeanifer Approved
- Suggestion Box https://forms.office.com/r/B9NTwd9Mte
- Recommendations tracker.

#### Open Floor/feedback loop voting CAC Representatives-

• Consumer Representatives

О

• Community Partner Representatives

#### Social Determinants of Health -

Screening and Referral in Unite Us

#### **HRSN Housing Benefit Roll out**

**OHA update** 

#### **Open Floor – Public comment**

#### Adjourn

Thursday, December 5, 2024, 5:30 pm

CAC Representative Attendees:	contact info
David Rupkalvis, Consumer Representative Chair	dmrup@yahoo.com
Katie Gonzalez – Consumer Representative - Vice Chair	katiegonzalez.lcsw@gmail.com
Lisa DeSalvio – Coos Bay School district	LisaD@coos-bay.k12.or.us
Laura Fitouri – Consumer Representative	laurafitouri@thedevereuxcenter.org
Robert Hall – Consumer Representative	backyardbuildings@yahoo.com
Brenda Hall – Consumer Representative	backyardbuildings@yahoo.com
Avery Horton – Consumer Representative	averyhorton@gmail.com
Shannon Hunter- DHS , Aging and People with Disabilities	Shannon.HUNTER@dhsoha.state.or.us
Jeanifer Imbruglia – Consumer Representative	why4not22@gmail.com
Coreen Lee – Consumer Representative	cleexoxo@hotmail.com
Katrinka McReynolds - CHW	Katrinka.McReynolds@chw.coos.or.us
Trudy Simpson – Coquille Tribe	trudysimpson@coquilletribe.org
<ul> <li>Confederated Tribes of Coos, Lower Umpqua, Siuslaw Indians</li> </ul>	
Sara Stephens – South Coast Early Learning Hub (SCREL)	SStephens@screlhub.com
John Sweet – Coos County Commissioner	jsweet@co.coos.or.us
Stephanie Vaughn – Advantage Dental	Stefanie.Vaughn@advantagedental.co
Corey Wampler – Oregon Coast Community Action (ORCCA)	cwampler.schs@orcca.us
Daniel Wells – Consumer Representative	icarusasheville2@gmail.com
Kristy Martindale – Consumer Representative	guardiansoflight2022@gmail.com
Matthew Lehman – Consumer Representative	matthewilehman84@gmail.com

#### LIST OF ACRONYMS

- ACE Adverse Childhood Experience
- ACA Affordable Care Act
- APD Aging and People with Disabilities
- BAH Bay Area Hospital
- BC Bay Clinic
- BCB Bay Cities Brokerage
- BH Behavioral Health
- CAC Community Advisory Council
- CCH Curry Community Health
- CCHC Coast Community Health Center
- CCO Coordinated Care Organization
- CGH Curry General Hospital
- CHA Community Health Assessment
- CHN Curry Health Network
- CHIP Community Health Improvement Plan
- CHNA Community Health Needs Assessment
- CHW Coos Health & Wellness or Community Health Worker
- CVH Coquille Valley Hospital
- CWS Child Welfare Services
- DCO Dental Care Organization
- EHR Electronic Health Record
- EMR Electronic Medical Record
- FQHC Federally Qualified Health Center
- MAPP Mobilizing for Action through Planning and Partnerships
- MAT Medication Assisted Treatment
- MH Mental Health
- NBMC North Bend Medical Center
- OAR Oregon Administrative Rule
- OHA Oregon Health Authority
- OHP Oregon Health Plan
- ORCCA Oregon Coast Community Action
- ODHS Oregon Department of Human Services
- ORS Oregon Revised Statutes
- PSS Peer Support Specialist
- QI Quality Improvement
- SUD Substance Use Disorder
- SCHHS Southern Coos Hospital & Health Center
- SCHC South Coast Head Start
- SDS Senior & Disability Services
- SSP Self-Sufficiency Programs
- TPEP Tobacco Prevention & Education Program

- THW Traditional Health Worker
- WCHC Waterfall Community Health Center

# OHA Update Advanced Health Coos County Community Advisory Council

November 2024



### **Upcoming Training Events from the Office of Head Start**

#### Connecting with Diverse Families in Home Visiting, Nov. 13 12:00 - 1:00 PT Online

Building a relationship with families is essential for successful home visiting. But how do you show an open and accepting attitude toward families from diverse backgrounds with different parenting styles and family dynamics? By honoring each family's unique qualities, you can build strong relationships that lead to rich parent and child attachment and enjoyment. Join us to explore strategies for learning about families and using their uniqueness as strengths.

This webinar is offered with English and Spanish captioning.

#### Highly Individualized Instruction and Support for Children with Autism Spectrum Disorder [in Spanish],

Nov. 27 12:00 - 1:00 PT Online

This webinar explores how program staff can support learning for children with disabilities using highly individualized practices. The session is focused on evidence-based teaching practices for young children with autism spectrum disorder.

This webinar is presented with Spanish and English subtitles.



Oregon Health Policy Board meets for an educational webinar Nov. 19, via Zoom

What: A public meeting of the Oregon Health Policy Board

When: Nov. 19, 2024 (8:05a.m. – 8:55a.m.)

Where: Virtual meeting only. All meeting participants, including the public, may join remotely via

Join ZoomGov Meeting

https://www.zoomgov.com/j/16098831771?omn=1604136946

Meeting ID: 160 9883 1771

One tap mobile: +16692545252,,16098831771# US (San Jose)

**Purpose:** This Oregon Health Policy Board (OHPB) educational webinar on Oregon's 2022-2027 1115 Medicaid Waiver will provide an opportunity to dig deeper into health-related social needs (HRSN) eligibility, HRSN provider processes, and community capacity building funds. The focus of this session will primarily be on the HRSN Housing and the Outreach and Engagement benefits.

OHPB educational webinars are for informational purposes only. OHPB member attendance is optional, and no official business will be conducted. All OHPB Committee members, OHA staff, partners, and members of the public and community are welcome to attend.

For more information and meeting materials, please visit the <u>OHPB meeting webpage</u> at <a href="https://www.oregon.gov/oha/OHPB/Pages/OHPB-Meetings.aspx">https://www.oregon.gov/oha/OHPB/Pages/OHPB-Meetings.aspx</a>

Everyone has a right to know about and use Oregon Health Authority (OHA) programs and services. OHA provides free help. Some examples of the free help OHA can provide are:

CART (live captions)
Sign language and spoken language interpreters
Written materials in other languages
Braille
Large print
Audio and other formats

If you need help or have questions, please contact Tara Chetock at 971-304-9917, 711 TTY, tara.a.chetock@oha.oregon.gov, at least 48 hours before the meeting.



# Oregon begins rollout of new housing benefits for eligible OHP members with health conditions

Starting Nov. 1, Oregon Health Plan (OHP) members with specific health conditions may qualify for new, first-inthe-nation benefits to keep their current housing and access other housing services.

The housing benefits include rent assistance for up to six months, utility set-up and payments for up to six months, home modifications and upgrades for health or safety reasons (e.g., grab bars, ramp installation, pest control), and rental navigation services. Unlike other state and local prevention services, eligible members can request these benefits ahead of receiving an eviction notice.

Not all OHP members will qualify for these new benefits. To qualify, OHP members must meet specific requirements, including at least one of the following health conditions: a complex physical or behavioral health condition; a developmental or intellectual disability; difficulty with self-care and daily activities; experience of abuse or neglect; be 65 years of age or older; be under the age of six; currently pregnant or gave birth in the past 12 months; or repeated use of emergency room or crisis services.

OHA Director Dr. Sejal Hathi, MD, MBA, said, "Oregon's health inequities are inextricably linked to our state's housing crisis. Individuals and families who become homeless face a significantly higher risk of mortality and higher rates of behavioral and physical health conditions – even as they report poorer access to care. These Medicaid benefits can help stop that cycle and, in a model for the rest of the country, make it possible for Oregonians to maintain their current housing, connect with providers and access additional resources that support their well-being."

Oregon received permission from the federal government to test whether and how addressing health-related social needs improves health outcomes. While other states have launched similar benefits, Oregon is the first in the nation to roll out rent assistance as a statewide Medicaid benefit for eligible OHP members.

"Housing plays a pivotal role in our physical and mental wellbeing. And yet, so many of our neighbors are living paycheck to paycheck, where an unexpected issue can lead to a loss of income and loss of a home," said Emma Sandoe, Medicaid Director at Oregon Health Authority. "These benefits are one more tool to keep Oregonians housed during short-term disruptions and prevent negative health outcomes of homelessness."

Of renters across Oregon, 22% have extremely low income, with \$30,560 being the average income limit for a four-person household. Adults living with housing insecurity, including threat of eviction, are 19% more likely to lack access to a primary care provider and 35% more likely to postpone preventative health care even if they have chronic health conditions. Evictions and loss of housing can lead to negative health outcomes including:

Increasing an individual's risk for physical and mental health conditions Making an individual's existing health condition worse Creating barriers to accessing medical care, medications and food



# Oregon begins rollout of new housing benefits for eligible OHP members with health conditions (Cont'd)

"Housing is a critical driver of health outcomes, significantly impacting social mobility and economic opportunity," said Oregon Housing and Community Services Executive Director, Andrea Bell. "Stable housing serves as a catalyst for expanding access to preventive care, while reducing the monumental costs associated with emergency care. This is what transformative, integrated care looks like."

Starting this month, housing providers are contracted to begin connecting with eligible members and delivering these new benefits across the state. Housing benefit applications may take up to two weeks to be reviewed. If approved, additional time may be needed to provide the benefit. These turnaround timeframes will depend on the capacities of individual CCOs and housing service providers as well as the volume of housing applications received. OHA is working closely with CCOs to continue to expand the network over the next year.

Fostering healthy families and environments is one of the five pillars to achieving OHA's strategic goal of eliminating health inequities in Oregon by 2030. The housing benefits are one of several new health-related social needs benefits Oregon is piloting to meet this goal. In March, the state launched climate benefits including air conditioners, air filters and other equipment to keep eligible members healthy amid extreme weather events. Nutrition benefits will be available for eligible OHP members starting in January 2025.

OHP members interested in receiving housing benefits can work with their health plan (coordinated care organization or Open Card), health care provider or a local OHP community partner to see if they qualify and apply.

OHP members should contact their coordinated care organization (CCO) to learn more. OHP Open Card members can call 1-888-834-4304 or email <a href="https://orw.org.nih.gov/org.ni/">ORHRSN@acentra.com</a>. If an OHP member is not sure which plan or CCO they are in, they can call the OHA Client Services Unit at 1-800-273-0557 or email <a href="https://org.ni/mail.com/">Ask.OHP@odhsoha.org.ni/</a>. If an OHP member is not sure which plan or CCO they are in, they can call the OHA Client Services Unit at 1-800-273-0557 or email <a href="https://org.ni/mail.com/">Ask.OHP@odhsoha.org.ni/</a>.

For OHP members who are currently unhoused, resources may be available through <u>211</u>. For more information about these benefits, visit the OHP housing benefits <u>web page</u>.



Health-related services: Available through Oregon's coordinated care organizations (CCOs) to address Oregon Health Plan (OHP) members' social needs.

#### What are health-related services?

- Health-related services (HRS) are non-covered services that are offered in addition to covered benefits for OHP members enrolled in a CCO.
- HRS includes flexible services, also known as "flex funds." While flexible services are not part of the covered benefits for OHP members, they let CCOs offer OHP members support for non-covered services, like rent support, temporary shelter, food, and electric bills. These supports help members stay healthy or get healthier.

#### What are the limitations of flexible services?

- Flexible services are only available to OHP members enrolled in a CCO, not OHP members on Open Card (also known as fee-for-service or FFS).
- CCOs are not required to offer flexible services. A CCO can decide to approve or deny flexible services requests on a case-by-case basis. Each CCO sets its own standards for which services to approve.
- There is no Oregon Health Authority (OHA) required timeline for CCO review of flexible services requests.
- Since flexible services are not a covered benefit, a denial cannot be appealed, but an OHP member can submit a complaint.

#### Advanced Health's wepage:

https://advancedhealth.com/members/your-benefits/



Health-related services: Available through Oregon's coordinated care organizations (CCOs) to address Oregon Health Plan (OHP) members' social needs. (Cont'd)

## Which housing benefits are currently available to OHP members?

- Right now, OHP only covers limited housing and rent supports for very few OHP members.
- In November 2024, some OHP members facing certain life challenges may be able to receive housing supports through Health-Related Social Needs (HRSN) services. To learn more about HRSN services, visit:

https://www.oregon.gov/OHA/HSD/Medicaid-Policy/Pages/HRSN.aspx

# What are examples of housing supports a CCO might offer through flexible services?

- Since there is no OHA requirement for a CCO to offer specific flexible services, each CCO may offer something different. A flexible service request for housing help might include, but is not limited to:
  - Rental and utility payments.
  - Temporary housing while recovering from hospitalization.
  - Basic home items or appliances.
  - Help avoiding eviction or getting into affordable housing.



# Open Enrollment for 2025 Private Health Insurance Now Available

Friday, Nov. 1 marked the start of open enrollment for 2025 private health insurance, a vital time for people in Oregon to secure health insurance for the year ahead. Open enrollment, the exclusive period when individuals can shop, compare and enroll in health plans, runs through Jan. 15, 2025.

Individuals who enroll by Dec. 15, 2024, will receive coverage starting on Jan. 1, 2025. Those who enroll by Jan. 15, 2025, will have coverage starting Feb. 1, 2025.

The Oregon Health Insurance Marketplace provides comprehensive health plans from trusted private insurance companies. All plans cover essential needs, such as preventive care, vaccines, emergency services, maternity and pediatric care. Local experts are available, at no cost, to help individuals living in Oregon compare plans, identify financial assistance options, and explore additional benefits, including expanded assistance through the American Rescue Plan (ARPA) and Inflation Reduction Act (IRA).

"We know health insurance can feel overwhelming, but we're here to guide you every step of the way," said Chiqui Flowers, director of the Oregon Health Insurance Marketplace. "With expanded financial assistance options available, you may be eligible for cost savings. With free help available in over 60 languages and both in-person and virtual support, our partners statewide can help you determine your cost savings and to find the right plan for you and your family."

The Oregon Health Insurance Marketplace continues to address the needs of entrepreneurs, uninsured individuals, those who recently lost their Oregon Health Plan (OHP) or COBRA coverage, and an estimated 55,000 former OHP recipients who are now potentially eligible for Marketplace coverage. Additionally, Deferred Action for Childhood Arrivals (DACA) recipients can now enroll in health plans through the Marketplace.

Individuals who are looking for health coverage should visit OregonHealthCare.gov to use a newly updated Window Shopping tool. This tool allows people in Oregon to preview the coverage, plans and savings available to them. This year's tool enhancements also include information about coverage for gender-affirming care, a benefit included in all Marketplace plans for 2025.

"Through the Oregon Health Insurance Marketplace, we're working to ensure that all people living in Oregon, regardless of background or income, have access to affordable, high-quality health care," said Director of the Oregon Health Authority, Dr. Sejal Hathi. "Our health insurance marketplace is a key part of OHA's broader initiative to eliminate health inequities by 2030. Achieving health equity means creating a system where everyone can reach their full health potential without being disadvantaged by race, ethnicity, language, gender identity, or other social factors. By addressing historical and current injustices, we are working to build a more equitable future for all individuals across our state."

Financial assistance is available to 80% of people who enroll through the Marketplace. Visit OregonHealthCare.gov to explore your options and get covered.



# **Enhanced** "window shopping" tool helps **Oregonians** find Marketplace health plans during open enrollment

## Enhanced "window shopping" tool helps Oregonians find Marketplace health plans during open enrollment

Just in time for Marketplace open enrollment, Oregon Health Insurance Marketplace is launching an upgraded version of its popular Window Shopping tool, offering Oregonians an even easier way to explore their health coverage options and maximize potential savings.

Tomorrow, Nov. 1, is the first day of the annual Marketplace open enrollment period, which refers to the approximately 10-week period from **Nov. 1 through Jan. 15** when people can enroll in, renew or change private health plans through the Marketplace for the coming year. Open enrollment is for people *not* insured through their job, the Oregon Health Plan (OHP) or Medicare.

The enhanced Window Shopping tool provides an easy-to-use experience in both Spanish and English. Based on location, age and income, the tool estimates potential savings and directs users to the appropriate health coverage. New features also include more detailed information on coverage for gender-affirming care—a benefit included in all Marketplace plans for 2025.

The shopping tool continues to offer quick comparisons of health plans including of out-of-pocket costs, and also checks for provider, facility and prescription drug coverage

What to know about Marketplace open enrollment:

- If you enroll by Dec. 15, your coverage begins Jan. 1, 2025
- If you enroll between Dec. 16 and Jan. 15, your coverage begins Feb. 1, 2025.
- If you need health coverage and miss open enrollment, you may not be able to enroll unless you are eligible for a special enrollment period.

To get personalized help with your search, visit this webpage and choose "Marketplace" in the form to see local agents and community organizations near you. Insurance agents and some community partner organizations help with applying for coverage and choosing Marketplace plans.

<u>Shop for Marketplace health insurance</u>



# Register for the new 1115 Medicaid Waiver All Come

Due to staffing changes, the Zoom registration links for our 2024 All Come and Para Todos webinars have changed. Anyone who was previously registered, will need to register again.

NEXT Webinar Wednesday, November 13, 2024

#### **New 1115 Medicaid Waiver webinar series:**

- All Come 10:00 AM 11:00 AM PST
- Para Todos 2:00 PM 3:00 PM PST

#### All Come Webinar -

https://www.zoomgov.com/meeting/register/vJltcuitqTgqHT 9lYngCb3E3B5eZ-mpGFPw

#### Para Todos Webinar -

https://www.zoomgov.com/meeting/register/vJIsfuugrj4vEvP Elh6A3rbt8pHAQCApC7A



After you register, you will receive a confirmation email from Damaris Perez with the updated Zoom meeting link. This link will be used for All Come webinars through the end of 2024. You may also receive a separate cancellation email from Zoom when the old link is inactivated.

#### 2024 All Come webinar schedule:

- November 13 at 10:00am
- December 11 at 10:00am

Después de registrarse, recibirá un correo electrónico de confirmación de Damaris Pérez con el enlace actualizado de la reunión de Zoom. Este enlace se utilizará para los seminarios web Para Todos hasta finales de 2024. También recibirá un correo electrónico de cancelación de Zoom cuando el enlace anterior sea desactivado.

Horario del seminario web Para Todos 2024:

- 13 de noviembre a las 2:00 p.m.
- 11 de diciembre a las 2:00 p.m.



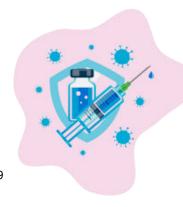
# **Public Health Update**

#### Novavax 2024-2025 COVID-19 vaccine approved

The 2024-2025 non-mRNA COVID-19 vaccine made by Novavax has been approved by the U.S. Food and Drug Administration (FDA) for people ages 12 and older. The 2024-2025 mRNA vaccines by Moderna and Pfizer were approved last month. All three updated brands more closely target the currently circulating strains of the COVID-19 virus.

Learn about the difference between mRNA and non-mRNA vaccines <u>here</u>.

The Centers for Disease Control and Prevention (CDC) recommends everyone ages 6 months and older receive an updated 2024-2025 COVID-19 vaccine to protect against COVID-19 for the upcoming fall/winter, as well as their annual flu vaccine. It is safe and convenient to receive COVID-19 and flu vaccines during the same visit.



### • Q: Are free COVID tests, or affordable COVID tests, that are not expired available anywhere? – Debi, Banks

- A: You will be able to <u>order four more free at-home COVID tests</u> from the federal government starting at the end of September. The tests will detect currently circulating COVID-19 variants and can be used through the end of the year. For any unused COVID-19 tests, check the expiration date on the box and search this webpage, maintained by the U.S Food and Drug Administration (FDA). The FDA has extended the expiration dates of many athome COVID-19 tests. If your test has expired, you can throw it away in the regular trash.
- Many community health centers across Oregon offer free at-home tests or no-cost testing at the health center. <u>Check here</u> to find a health center near you in Oregon.
- Oregon Health Plan (OHP/Medicaid) members can get up to eight free at-home test kits per month at pharmacies that bill OHP. Most pharmacies have the at-home tests on the shelf for the public, but OHP members must take it to the pharmacy counter for the transaction and confirm that they bill OHP.
- Another option is the federal program "Increasing Community Access to Testing" (ICATT), which offers no-cost COVID-19 testing to uninsured or underinsured people at a variety of pharmacies, commercial laboratory sites and retail locations. The ICATT program is for people who are experiencing COVID-19 symptoms, or who have been in close contact with someone who has recently tested positive for COVID-19. Use this search tool to find an ICATT location near you.





# **Questions?**

# **Thank You!**

Bevin L. Ankrom Innovator Agent Oregon Health Authority Bevin.L.Ankrom@OHA.Oregon.GOV (503) 480-4975