

Tobacco Cessation Drug Criteria

Created: February 2016

Revised: October 2018, May 2019, December 2021

Includes:

Nicotine Inhaler

Nicotine Nasal Spray

Please Note: *Nicotine patches, nicotine gum, nicotine lozenges, bupropion SR 150mg tablets, and varenicline tablets are available on the Advanced Health formulary without a prior authorization for up to two quit attempts per year as outlined by the Oregon Health Authority Cigarette Smoking Prevalence (Bundled Measure) and the Prioritized List of Health Services Guideline Note 4: Tobacco Dependence, Including During Pregnancy. See Minimum Quantities Table below. For additional information on the Tobacco Cessation metric see:*

<http://www.oregon.gov/oha/analytics/CCODData/CigaretteSmokingPrevalenceBundle>

GUIDELINE FOR USE:

1. Has the patient attended a tobacco cessation course within the past 3 months, or are they engaged with behavioral health therapy? (Exception to attendance of tobacco cessation course allowed for members that live in areas where no tobacco cessation course is offered, or member has a physical or mental health condition that restricts their participation in a tobacco cessation course. Documentation from the provider must be provided to support the need for an exception.)
 - a. If yes, go to step 2
 - b. If no, deny as Criteria Not Met. Member must attend tobacco cessation course for coverage of Nicotine Inhaler or Nicotine Nasal Spray. Nicotine patches, gum, lozenge, bupropion SR 150mg tablets, and varenicline are available without a prior authorization for up to two quit attempts per year on formulary. Use of behavioral health supports with medication therapy optimizes cessation outcomes.
2. Has the patient trialed nicotine patches, nicotine gum, nicotine lozenges, bupropion SR 150mg tablets, and varenicline within the past 12 months or have a contraindication to the above listed therapies?
 - a. If yes, approve for 3 months of therapy based on quantity limits outlined below.
 - b. If no, deny as Criteria not met. Nicotine patches, gum, lozenge, bupropion SR 150mg tablets, and varenicline are available without a prior authorization for up to two quit attempts per year on formulary.

Rationale:

To promote utilization of the most cost-effective medication therapies available for tobacco cessation and to encourage participation in behavioral supports to improve outcomes of tobacco cessation efforts for Advanced Health members.

Minimum Quantities Table for Cessation Benefit from CCO Incentive Measure Specification Sheet for Cigarette Smoking Prevalence:



Appendix 1: Minimum Quantities Table for Cessation Benefit

Medication, quantity, and dosage are based on the *Public Health Service -Treating Tobacco Use and Dependence: 2008 Update—Clinical Practice Guidelines*, online at www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/tobacco/clinicians/update/index.html

Medication	Bupropion SR	Varenicline	Nicotine Gum 2mg and 4mg	Nicotine Lozenge	Nicotine Inhaler 10 mg	Nicotine Nasal Spray	Nicotine Patch 7mg, 14 mg, 21 mg, 42 mg
Quantity for one quit attempt.	150 mg, 1 box of 60 tablets = 30 day supply x 3 (90 days) = 3 boxes (180) per quit attempt	0.5 mg: 11 tablets per quit attempt 1 mg: One box contains 56 tablets = 30 day supply x 3 (90 days) = 3 boxes (168) per quit attempt	24 maximum per day x 90 days = 2,160 pieces per quit attempt Number of boxes depends on quantity per box: 2 mg (packaged in different amounts), boxes of 100–190 pieces) 4 mg (packaged in different amounts), boxes of 100–190 pieces)	20 Maximum per day x 12 weeks = 1,800 lozenges per quit attempt 2 mg, 72-168 lozenges per box 4 mg, 72-168 lozenges per box	16 cartridge maximum per day x 180 days = 2,880 cartridges per quit attempt 17 boxes (1 box has 168 10-mg cartridges)	Maximum 40 doses per day (80 sprays). 100 doses per bottle (200 sprays). 1 bottle will last at least 2.5 days. 36 bottle supply for 90 days per quit attempt	1 patch per day x 90 days = 90 patches per quit attempt

References:

1. Oregon Health Authority. CCO Incentive Measure Specification Sheet for 2016 Measurement Year: Cigarette Smoking Prevalence (Bundled Measure).
2. Health Evidence Review Commission Prioritized List of Health Services. Guideline Note 4: Tobacco Dependence, Including during pregnancy. October 1, 2021.