



Coos-Curry CAC Retreat 2021

Agenda/Minutes

OCTOBER 28, 2021 | 12:00 PM – 1:30 PM

Virtual Location: Zoom!

<https://us02web.zoom.us/j/89322720772?pwd=V1FYjVjRHFkK3dtYzR5QmVqTVZnZz09>

12:00– 12:05 pm, Opening Welcome from Advanced Health

Bonnie Ell welcomed all of the attendees and thanked them for their ongoing participation on the community advisory councils (CAC) in their communities

12:05-12:30 pm, Introductions & Share a success or project to highlight from 2021

Bonnie Ell called on each member in attendance and invited them to share a success or Community Health Improvement Plan (CHIP) related project from 2021.

12:30-12:50 pm, **The Help that Helps: South Coast Together, Dawn Granger-SCESD**

Dawn Granger provided us with an overview of the The Help that Helps guidebook, which is a trauma informed resource to help support parents and families. Dawn mentioned a curriculum is being developed and free trainings will be provided to cover the content in 2022. The guidebooks can also be purchased by organizations for \$5/each and copies will be made available for free to CAC members. For more information, contact: dawng@scesd.k12.or.us

12:50-1:05 pm, **(Wheel)Chair yoga with Adriene**

<https://www.youtube.com/watch?v=FrVE1a2vgvA>

1:05-1:25 pm, Social Determinants of Health (SDOH) overview & Q/A with
Thomas Cogswell– Oregon Health Authority (OHA)

Tom Cogswell provided an overview of the SDOH, which include Economic Stability, Physical Environment, Education, Food, Community/Social Context, and Health Care Systems. Tom reviewed how our community health assessments (CHA) and community health improvement plans (CHIPs) influence our coordinated care organization funding priorities as they relate to the SDOH. For more information or to view Tom's presentation, email: bonnie.ell@advancedhealth.com.

1:25– 1:30 pm, Thank you! CAC Members, enjoy your meal gift card.