

# TRADITIONAL HEALTH WORKERS

Oregon Health Policy Board recommends increased integration and utilization of THWs that either work in a clinic or community-setting. THWs provide holistic and culturally competent care to diverse populations, by addressing Social Determinants of Health and Health Equity.

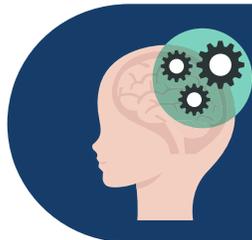
## COMMUNITY HEALTH WORKER

Purpose - to provide services with an understanding of the community being served



## PEER SUPPORT SPECIALIST

Purpose - to help people become and stay engaged in the recovery process and reduce likelihood of relapse through shared understanding, respect, and mutual empowerment



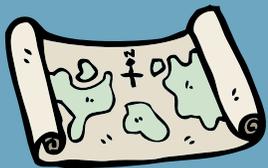
## PEER WELLNESS SPECIALIST

Purpose - to provide peer services as part of a person-driven, health home team, integrating behavioral health and primary care to assist and advocate for individuals in achieving well-being



## PERSONAL HEALTH NAVIGATOR

Purpose - to provide information, assistance, tools and support to enable a patient to make the best health care decisions



## BIRTH DOULA

Purpose - to provide personal, non-medical support to women and families throughout a woman's pregnancy



# SCOPE OF PRACTICE

Care Coordination and  
System Navigation

Outreach and Direct  
Services

Education

Assessment, Evaluation,  
and Research

Advocacy, Organizing,  
and Cultural Mediation

Coaching and  
Social Support



# BENEFITS

Benefits that Providers and Members might receive from utilization of THWs



## THW



## MEMBER



## PROVIDER

THW assists Members' social needs	Members' social needs are met	Provider can prioritize Members' needs
THW follows-up with Member about appointments	Member makes it to appointments	Reduced missed appointments
THW provides Member with emotional support	Member feels more comfortable	Increased understanding during appointment
THW assists Provider with questions about the Member	Improved quality of care/ Greater personalization of care	Provider can identify gaps in needed care
THW assists in communicating Member's cultural background	Increased access to culturally appropriate services/ care	Provider can reinforce education to Member
THW coordinates across agencies involved in individual's care	Coordinated communication improves services Member receives	Provider can track follow-up and is included in coordinated effort

## QUICK LINKS

THWs - Oregon Health Authority: <https://www.oregon.gov/oha/OEI/Pages/index.aspx>

Peer Delivered Service - A Broad Exploration: <https://www.youtube.com/watch?v=zVqMXWVQx8g>