



2018 Active Living Program

PLEASE CONTACT ADVANCED HEALTH FOR RESERVATIONS

By signing, I certify that my patient's health will allow him/her to participate in an exercise/dietary program

Primary Care Provider's Name _____

Primary Care Provider's Signature _____

Member's Printed Name _____

Date _____

Reason: ☐ Weight Management ☐ Mental Health
☐ Addiction
☐ Medical Other (Diabetes, Pain Management, etc.)

Member must bring this form to sign up with Advanced Health representative before starting program.

At the orientation members will receive:

- A gym participation agreement or pool passes
- A TOPS membership coupon (this is optional)
- Participants must be currently enrolled as a member of Advanced Health
- Minimum age requirements may apply



Advanced Health Active Living Program

- **Coos Bay (Advanced Health)**
289 LaClair Street
Monday – Friday
8am – 5pm
- **Coquille (North Bend Medical Center Coquille)**
790 E. Fifth Street - Lunchroom
Every 3rd Thursday of the Month
2:30pm – 3:00pm
- **Bandon (Southern Coos Hospital)**
900 11th Street SE. - Cafeteria
Every 4th Thursday of the Month
2:30pm – 3:00pm
- **Port Orford (Coast Comm. Outreach Office)**
1312 Tichenor Avenue
Every 2nd Friday of the Month
10:00am – 10:30am
- **Gold Beach (Gold Rush)**
29692 Ellensburg Avenue – Conf. Room
Every 2nd Friday of the Month
1:00pm – 2:00pm
- **Brookings (South Coast Fitness)**
97900 Shopping Center Avenue
Last Friday of the Month
11:00am – 12:00pm

Please call Western Oregon Advanced Health Customer Service for more information