

Understanding ACEs

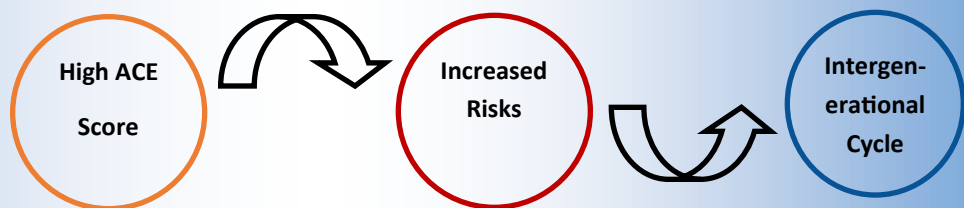
Building Self-Healing Communities



Understand how the ACEs impact you and society:

- ◆ Adverse Childhood Experiences (ACEs) are the most powerful determinant of the public's health.
- ◆ ACEs are common— in fact they are widespread— but they don't have to define your future or potential.
- ◆ Education and prevention are essential for creating a healthier society for generations to come.
- ◆ Regardless of your own ACEs score, other people's trauma affects you.

Help stop the cycle.



The training was developed by Dr. Robert Anda, the co-principal investigator and designer for the ACE study, and Laura Porter of ACE Interface, and has been reviewed and approved by relevant known experts in the field for its scientific content.

Host a FREE **ACE Interface** Training or Workshop!

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