AdvancedHealth
Bridging the Future of Healthcare

Smoking Cessation and Elective Surgical Procedure

New requirement for elective surgery on the Oregon Prioritized List of Health Services!
<u>Who</u>: all Advanced Health members, PCPs, surgeons
<u>What</u>: Smoking cessation is required prior to approval for elective surgical procedures! We recommend PCPs begin smoking cessation counseling and planning at the time of the surgical referral to prevent delays in service.
<u>When</u>: Members must be smoke free for at least 4 weeks prior to the procedure.
<u>How</u>: Members are eligible for nicotine replacement therapy (patches, lozenges, gum, Chantix, and Bupropion SR) without at Prior Authorization (PA) through their pharmacy benefit. We also offer smoking cessation classes for groups and individuals. Contact 541-269-7400 for details.

Please submit results from one of the following with your surgical PA request:

1. Urine Cotinine (if not smoking and not using Nicotine Replacement Therapy)
2. Anabasine or anatabine testing (if using NRT at the time of the test)
When Ordering at:

- NBMC → nicotine and expanded metabolites
- Bay Clinic → nicotine and metabolites urine (NICOU)
- BAH → nicotine and metabolite urine (NICOU, max. 5 day turn around)
- Waterfall → nicotine and metabolite urine w/ reflex to anabasine
- Southern Coos Hospital → nicotine metabolites urine
- Coquille Valley Hospital → nicotine metabolites urine
- CHN/Curry General Hospital /Curry Medical Center Brookings→ nicotine and expanded metabolites urine

3. Exhaled Carbon Monoxide
<u>Why</u>: Evidence strongly supports improved surgical outcomes when patients abstain from smoking for at least 4 weeks prior to surgery.
<u>Excluded</u>: Urgent procedures (those that would potentially result in harm if delayed for four weeks), reproductive, cancer-related or diagnostic procedures have no smoking cessation requirement.

**Lung volume reduction surgery, bariatric surgery, erectile dysfunction surgery, and spinal fusion have 6-month tobacco abstinence requirements.

**See Guideline A4 on the OHA prioritized list for more information.