### Western Oregon Advanced Health, LLC Community Advisory Committee (CAC) Date: 12/03/15

	ATTENDANCE:							
Con	ATTENDANCE:           Community Advisory Committee         Consumer Members         Agency Representative Members							
X	Betty Albertson, Chair CAC Member District Manager for Coos and Curry Counties - Newmark Center	X	Margi Lehman, Consumer CAC Member <u>margilehman@frontier.com</u>	Agen	Linda J. Furman Grile CAC Member Executive Director South Coast Hospice			
x	betty.albertson@state.or.us Dane Smith, DDS PC, Vice Chair CAC Member Advantage Dental Agency Representative Member	x	Linda Morris, Consumer CAC Member Representative to the Board	x	Ifg@schospice.org David Geels, LPC CAC Member Behavioral Health Director Coos Health & Wellness David Coole @chur coos or up			
x	dane@epuerto.org John Sweet, Commissioner CAC Member Representative to the Board jsweet@co.coos.or.us		Jenny Prichard, Consumer CAC Member jenny_prichard@yahoo.com		David.Geels@chw.coos.or.us Kathy Laird, RN MN CAC Member CEO Waterfall Community Health Center klaird@wfall.org			
	Melissa Cribbins, Commissioner CAC Member Representative to the Board <u>mcribbins@co.coos.or.us</u>	X	Anna-Marie Slate, Consumer CAC Member annamarie singingcricket@yahoo.com		Bob Lieberman CAC Member CEO, Kairos <u>rlieberman@kairosnw.org</u>			
		X	Ruby Phillips, Consumer CAC Member Boomerang61e@yahoo.com		Christy Shipman/Michael Marchant CAC Member District Manager Aging & People with Disabilities <u>michael.m.marchant@state.or.us</u> Christy.r.shipman@state.or.us			
			Kathy Abbott, Consumer Guest	X	Tracy Muday, MD CAC Member Medical Director, Western Oregon Advanced Health <u>tracym@woahcco.com</u>			
					Florence Pourtal-Stevens CAC Member Public Health Administrator Coos Health & Wellness fpourtal-stevens@co.coos.or.us			
				X	Corey Wampler CAC Member Health Coordinator, South Coast Head Start <u>Cwampler.schs@orcca.us</u>			

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	Guest						
	Christy Wright Guest Provider Services Representative Western Oregon Advanced Health <u>christyw@woahcco.com</u>	x	Renee Menkens, RN Guest OHSU <u>renee.menkens@gmail.com</u>	x	Sarah Eunice Guest South Coast Regional Manager, Advantage Dental		
X	Liz Bardon Guest Long Term Care Innovator Agent Senior and Disability Services Ibardon@rvcog.org		Kay Metzger Guest Innovator Agent, Oregon Health Authority <u>kay.m.metzger@state.or.us</u>	X	Laura Williams Guest Director of Customer & Provider Services Western Oregon Advanced Health Iauraw@woahcco.com		
X	Rosemary Bean, RN Guest Community Based Care Nurse rosemaryrn@frontier.com	X	Veronica Delmoral Guest Lead Customer Service Representative/Grievance Coordinator Western Oregon Advanced Health veronicad@woahcco.com	X	Anna Warner Guest Quality Improvement Coordinator Western Oregon Advanced Health annaw@woahcco.com		
	Shannon Durkee Prevention Services Coordinator Coos Health & Wellness <u>sdurkee@co.coos.or.us</u>		Colette Gillies Regional Outreach Coordinator Oregon Health Authority <u>Colette.gillies@state.or.us</u>		Phil Greenhill, CEO Guest Western Oregon Advanced Health philg@woahcco.com		
	Ben Messner Guest Director of Medical Management & Quality Western Oregon Advanced Health benm@woahcco.com	X	Monica Alexander Guest Community Health Outreach Worker Coast Community Health Center <u>monicaa@coastcommunityhealth.org</u>		Brett A. Pruess Guest Oregon Law Center		
	Jenny Sneddon Guest DHS		Caryn Mickelson, PharmD Guest Pharmacy Director Western Oregon Advanced Health <u>carynm@woahcco.com</u>		Eric Gleason Guest Chair, Suicide Prevention CHIP Subcommittee Coos Health & Wellness		

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TOPIC	DISCUSSION/INFORMATION	ACTION REQUIRED	Person Responsible	By When				
1.0 Call to Order	The meeting was called to order at 12:00pm by Betty Albertson.							
2.0 Past Meeting Minutes	Motion made by Linda Morris to accept the meeting minutes from November 5, 2015 as presented and the motion was seconded by David Geels.	Vote: Unanimous approval.						
	<u>Revamp Member Terms</u> Laura will bring the updated list of CAC members and their terms to the January meeting.	Share updated list of member terms	Laura Williams	January 2016				
3.0 Follow up agenda items from August	Recruitment Committee update Betty reported that the committee is communicating via email making plans for a more robust recruitment effort.	Recruit consumer members	Betty Albertson, John Sweet, Laura Williams, Shannon Sheaffer	Ongoing until we reach goal				
meeting	Nominate 2016 CAC Officers Nominating Committee consists of Florence Pourtal-Stevens, Shannon Durkee, Ruby Phillips, and Anna- Marie Slate. The committee will make nominations for the role of Chair and Vice-Chair for 2016.	Nominate officers for 2016	Florence Pourtal- Stevens, Shannon Durkee, Ruby Phillips, Anna-Marie Slate	January 2016				
4.0 CCM Summit 2015 Report from Attendees	Anna-Marie shared that she attended the CCM Summit and really liked the sessions on Behavioral Health Integration and Trauma-informed Care. Teri Petterson, MD, panel member of the trauma-informed care session, said that she and others are making an effort to provide trainings throughout the state. Anna-Marie wondered if Coos County would like Dr. Petterson to come down and train. Laura reported that Dr. McKelvey had Dr. Petterson talk at a recent Mental Health Symposium in Coos Bay and that WOAH is interested in supporting further education provided by Dr. Petterson. Renee shared that the Bay Area Hospital Psychiatric Unit staff would likely be interested in attending an event.	Continue planning for Trauma-informed Care training	CAC members	2016				
	Tracy Muday, MD shared that she attended the session on Opioids with talks about reducing opiate overdose deaths, CCO guide, an alternative pain clinic model, and a collaborative approach to improve outcomes for							

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	complex chronic non-cancer pain.		
	Dr. Muday indicated that we need to		
	help people with lifestyle changes to		
	manage their pain. She stated that		
	OHA has a new performance		
	improvement project focused on		
	decreasing the number of people on		
	high dose opiates by developing other		
	resources. We want to put the		
	resources where they will do the most		
	good. In 2010, WOAH reported that		
	over 20% of our members were on		
	high dosages of pain medications.		
	Only 3% of adults had covered		
	diagnoses. In 2015, 3,000 members		
	had back pain diagnoses (of 20,000		
	members).		
	Monica stated that we need to get the		
	"bridge" to alternative treatments in		
	place before taking patients		
	completely off of pain medications.		
	Dr. Muday indicated that ADAPT is		
	currently looking at alternative ways to		
	provide care (i.e. medically assisted		
	drug therapies). We need to find		
	qualified addiction treatment		
	providers.		
	Margi abarad har avnariance with		
	Margi shared her experience with		
	alternative methods of treatment (ie		
	hot tub) and that for some pain,		
	medication is necessary.		
	Ruby shared that she has seen and		
	experienced that exercise has a		
	positive effect on decreasing chronic		
	pain.		
	'		
	Dane Smith, DDS, shared that he was		
	impressed that there were over 1000		
	people at the summit and that OHA		
	followed "the triple aim". He attended		
	the Tech group and overall felt it was		
	a great conference. WOAH was well-		
	represented.		
F O Commonstal Takassa	Veronica Delmoral, Interim Chair of		
5.0 Commercial Tobacco	the Commercial Tobacco Prevention		
Prevention – Update from CHIP Sub-	Sub-Committee, reported that the committee is in the process of		
committee	finalizing surveys to assess 5 sectors		
· · · · · · · · · · · · · · · · · · ·	on tobacco use and prevention:		

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Community at large (Angie Webster), institutions (Kathy Cooley), schools (Shannon Durkee), healthcare (Veronica Delmoral), and worksite.			
Laura announced that Belle Shephard is WOAH's Interim Innovator Agent replacing Kay Metzger. Belle plans to attend our January meeting.			
"Not Just a Paycheck" is a video in the Unnatural Causes video series.			
Date: March 3, 2015 Location: Oregon Coast Community Action Building 1855 Thomas St. Room 215 Coos Bay, OR 97420 Time: 12:00-1:30pm			
The meeting was adjourned at 1:30pm.			
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Laura Williams Interim CAC Coordinator

01/05/16