



December 28, 2017

Dear Advanced Health Provider:

The Advanced Health 2018 formulary has been completed and approved by our Pharmacy and Therapeutics Committee for you to begin using January 8th, 2018. The changes are outlined below.

**A quantity limit of 60 tablets was added to all formulary short acting opioids filled within a 180-day period.** A prior authorization will be required for quantities greater than 60 tablets within a 180-day period. Prescriptions for formulary short acting opioids may be prescribed in smaller quantities and a prior authorization will not be required until the cumulative total is #60 tablets within a 180 day period. A prior authorization will also be required for all long-acting opioids as the CDC guideline does not support use of long-acting opioids as initial therapy for acute pain. Oncology providers are excluded from the prior authorization requirements for formulary opioids. Similar policies have been effective for other Oregon Coordinated Care Organizations to reduce high dose opioid prescriptions and opioid use disorder in their communities.

**Vosevi® (sofosbuvir/velpatasvir/voxilaprevir) and Mavyret® (glecaprevir/pibrentasvir) were added to the Advanced Health formulary for treatment of chronic hepatitis C with prior authorization for members meeting specific criteria.** Eplclusa® (sofosbuvir/velpatasvir) and Zepatier® (elbasvir/grazoprevir) remain on formulary with the same criteria. Please contact Alisha, Advanced Health Hepatitis C Nurse Care Manager, at (541) 266-6504 for information regarding Hepatitis C treatment for Advanced Health members.

Diabetic agents were reviewed by the Advanced Health Pharmacy and Therapeutics Committee during their November meeting. **Metformin, sulfonylureas, and pioglitazone remain formulary oral antidiabetic agents. Formulary insulin preparations include NPH, R, 70/30 (NPH/R mix) and rapid acting insulins (Humalog® and Novolog®).** Long acting insulins require a prior authorization. Byetta® (*exenatide*) was added to formulary with a prior authorization requirement. Diabetes education, dietary counseling, weight management including pool or gym membership, and Diabetes Education and Engagement Program (DEEP) are also covered benefits for supporting your diabetes patients to optimize their glycemic control.

Please contact Caryn Mickelson, PharmD if you have any questions regarding these formulary changes or if you are interested in participating in the Advanced Health Pharmacy and Therapeutics Committee.

Thank you for your continued support and commitment to serving the medical needs of our community!

Sincerely,

A handwritten signature in black ink that reads "Caryn Mickelson".

**Caryn Mickelson, PharmD**

Director of Pharmacy Services

[caryn.mickelson@advancedhealth.com](mailto:caryn.mickelson@advancedhealth.com)

(541) 269-4558

Advanced Health Pharmacy and Therapeutics Committee Members:

Drs. Gregory Brigham, Dallas Carter, Kariktan Cruz, Robert Gerber, Mark Henderson, Craig Jackson, Pallav Pareek, Jonathon Park, Rajesh Ravuri, Stephanie Riccalarsen, Frances Shireman, and Jon Yost; Psychiatric Nurse Practitioner, Joanne Rutland; Advanced Health Staff: Drs. Tracy Muday and Ganesh Kini, Caryn Mickelson, PharmD, and Stacy Tate, CPhT